

Registration Form 2020
Tilakkhana Vipassana Centro de Meditação
Monte Agudo (Tavira) / Algarve, Portugal

Accommodation

Accommodation will be either in a tiny house, a wooden hut or in a comfortable tent (with bed), bathroom with shower and toilet are outside "open air". All rooms are double rooms (double occupancy). Single occupancy only upon special request and availability. Check in latest at 5pm.

Dana

Donation is base of participation in the course. The amount of voluntary donation for the center and the teacher during the retreat depend on the financial potential of the participant. That follows the Buddhist tradition which says the value of the Buddhist doctrine can't be balanced with money. Teacher and organizer need money for their own livelihood, for the costs of the course and to maintain the center. Donation and generosity are parts of the spiritual practice. Donation and generosity help to conserve the Buddhist doctrine and enables everyone to come in contact with.

Meals

For food (vegetarian breakfast & lunch) incl. water and tea we charge € 15,00/ day per day.

Meditation Courses 2020

The center will be open for meditation as follows (please plan your stay within these days):

Spring 2020

March: 15. - 30.03.
April: 12. - 27.04.
May: 10. - 25.05.

Summer 2020

August: 01. - 16.08.
September: 05. - 20.09.
October: 24.10. - 08.11.

Registration

I obligatory register me for the following course:

Basic course, 14 days

Retreat, 10 days
(Only if you completed the basic course)

Some days for practicing

Arrival Date: Departure Date:

Name (First Name, Last Name):

Address (Street, City):

E-Mail / Mobile Phone:

I will come to Tavira by train
(pick up at extra charge € 10,00)

I will fly to Faro
(pick up at extra charge € 25,00 per way)

We kindly ask you to pay for meals upon arrival in cash – as well as pick-up if requested.

Date + Signature:

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For more information please visit www.vipassana-tilakkhana.com