# **Registration Form 2022** Tilakkhana Vipassana Centro de Meditação Monte Agudo (Tavira) / Algarve, Portugal

#### **Accommodation**

Accommodation will be in a wooden hut or in a comfortable tent (with bed), bathroom with shower and toilet are outside "open air". All rooms are double rooms (double occupancy).

Single occupancy only upon special request and availability. Check in latest at 5pm.

#### Dana

Donation is base of participation in the course. The amount of voluntary donation for the center and the teacher during the retreat depend on the financial potential of the participant.

That follows the Buddhist tradition which says the value of the Buddhist doctrine can't be balanced with money. Teacher and organizer need money for their own livelihood, for the costs of the course and to maintain the center. Donation and generosity are parts of the spiritual practice. Donation and generosity help to conserve the Buddhist doctrine and enables everyone to come in contact with.

## **Meals**

For food (vegetarian breakfast & lunch) incl. water and tea we charge € 15,00/ day per day.

### **Meditation Courses 2022 - March until June**

The center will be open for meditation as follows (please plan your stay within these days):

March: 12. - 27.03.2022 / April: no meditation / May: 07. – 22.05.2022 / June: 04. – 19.06.2022

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Registration				
I obligatory register me for the following course:				
Basic course, 14 days				
Retreat, 10 days (Only if you completed the basic course)				
Some days for practicing				
Arrival Date: / Departure Date:				
Name - First Name, Last Name:				
Address Street:				
Address ZIP/City:				
Mail / Mobile Phone:				
Age:				
Are you currently or regularly on any medication or are you currently in medical treatment or therapy?				
If so, please state in detail:				
Pick-up: O I will come to Tavira by train (pick up at extra charge € 10,00) O I will fly to Faro (pick up at extra charge € 25,00 per way)				
We kindly ask you to pay for meals upon arrival in cash – as well as pick-up if requested.				
Date + Signature:				

We will send you account details for the transfer of the preliminary fee as soon as we confirm your registration.